

# Safeguarding Newsletter

May 2014

In this quarter's newsletter, we focus on how you identify a concern, how child abuse can occur even in netball, and start focusing on the importance of an inclusive club. We also have an update on Time to Listen training and look at other training, information and helplines available online.

Frances Bogie, Lead Child Protection Officer

Update On:



## CSOs' essential training

Over the past 6 months, **over 100 CSOs have attended a TTL course**, here are some things they said about it:

- ❖ 'Knowledgeable tutor, great new resources, I now feel empowered to provide my club with effective safeguarding and wellbeing measures'
- ❖ 'I loved the interactive discussions and more detailed information and experience of other CSOs'
- ❖ 'I enjoyed everything about this course – thank you!'
- ❖ 'A great refresher of current knowledge'
- ❖ 'Gained loads of confidence about the role as CSO'
- ❖ 'I am new to the role, so very, very glad I had the opportunity to attend'

## What do you learn?

- What the roles and responsibilities of key people in the safeguarding process are, including your role as a Club Safeguarding Officer;
- How England Netball supports you, and your club, in safeguarding matters;
- How England Netball's reporting procedure works;
- What an 'Aware Club' is;
- How to involve young people in your club;
- How to develop best practice in your club.

## TTL is a free course for all CSOs

If you have not yet attended TTL training, don't worry, there will be more courses over the coming months up and down the country – you will receive details from your Regional Coordinator if you register your interest with them.

## Forthcoming TTL courses

Date	Time	Location-Region
Mon 12 May	6:30-9:30pm	Cornwall - SW
Tues 24 June	6:30-9:30pm	Bucks - South

Contact your Regional Coordinator for details of the above courses and future ones in your region.

## Club Safeguarding Officers' Role



### Identifying Concerns

In February's newsletter we looked at how to report a concern. Here we look at what a concern is.

Concerns are things which cause you unease about issues from safety to wellbeing. They may stem from home, school or sport itself, and can be caused by parents, people in authority, or other children.

**Abuse:** there are 5 recognised types of harm; they are listed below with examples of how they could occur in netball clubs:

**Neglect** – this is the most common form of abuse -1 in 10 children in the UK suffer from neglect. In the netball environment, neglect may include lack of safety in training leading to unnecessary risk of injury, or exposure to undue cold or heat.

**Physical** abuse – this could occur if the intensity of training and competition exceeds the capacity of the child's body, or if drugs are used to control diet or enhance performance.

**Sexual** abuse – this is when an adult or other young person uses children to meet their own sexual needs.

**Emotional** abuse – constant criticism, sarcasm, racist or homophobic bullying, inappropriate use of personal information, or pressure to perform to unrealistic expectations.

**Bullying** – hurtful behavior usually repeated over a period of time where it is difficult for those bullied to defend themselves. Bullying can be verbal, written, physical or personal exclusion. Increasingly nowadays it may be through social media.

All concerns must be reported to the Lead Child Protection Officer at EN Head Office: [besafe@englandnetball.co.uk](mailto:besafe@englandnetball.co.uk).

**Failure to report a concern could lead to a child suffering physical, emotional or psychological harm.**

### CSOs should adopt a Child-Focused Approach

- ✓ Young people-initiated, shared decisions with adults
- ✓ Young people consulted and informed
- ✓ Ensure the young people know how to report a concern

### The Inclusive Club

It is England Netball's goal to ensure that netball clubs are inclusive and welcome everyone to enjoy our great game, regardless of their race, colour, disability, age, religion or sexual orientation.

16<sup>th</sup> May is International Day against Homophobia, so we start by raising some awareness on sexual orientation. Homophobia is the bullying of gay, lesbian, bisexual or transgender people (LGBT).

As 6-10% of the population is LGBT, the social and legal imperatives for sports bodies to support participation among this group of people and related discrimination in sport is unarguable. By including and valuing **everyone**, sport offers opportunities to transform the lives of a substantial number of young people regardless of their sexual orientation.

**Support:** the EN Codes of Conduct cover the right of respect for everyone to enjoy our game and provides disciplinary measures for homophobic offences.

**How to deal with homophobic bullying** is detailed in the CSPU briefing 'Homophobic Bullying in Youth Sport', link here: <https://the cpsu.org.uk/resource-library/2013/homophobic-bullying-in-youth-sport> and inform England Netball contact: [besafe@englandnetball.co.uk](mailto:besafe@englandnetball.co.uk). \*All information is treated confidentially

**Why homophobia must be prevented? Here's a fact:-** 41% of LGBT young people have thought about, or attempted suicide because of homophobic bullying.

Free sources of training are available, try **Free Webinar training** on the Safe Network: [www.safenetwork.org.uk/resources/Pages/default.aspx](http://www.safenetwork.org.uk/resources/Pages/default.aspx)

### Useful Links

#### List of Local Authority Designated Officers Nationwide:

[www.nspcc.org.uk/inform/cpsu/HelpAndAdvice/Organisations/lscbs/lado\\_pdf](http://www.nspcc.org.uk/inform/cpsu/HelpAndAdvice/Organisations/lscbs/lado_pdf)

**DBS info:** (please remember that only people in Regulated Activity can have an Enhanced DBS check, if not in RA, do not carry out an enhanced check)

[http://www.englandnetball.co.uk/make-the-game/safeguarding/DBS\\_Checking](http://www.englandnetball.co.uk/make-the-game/safeguarding/DBS_Checking)

#### Recognising the effects of Cyberbullying

[http://www.englandnetball.co.uk/make-the-game/safeguarding/Best\\_Practice\\_For\\_Clubs](http://www.englandnetball.co.uk/make-the-game/safeguarding/Best_Practice_For_Clubs)

#### How to deal with Bullying – reasons and effects

[http://www.safenetwork.org.uk/help\\_and\\_advice/Pages/AntiBullying.aspx](http://www.safenetwork.org.uk/help_and_advice/Pages/AntiBullying.aspx)

#### EN Safeguarding Resources

[http://www.englandnetball.co.uk/make-the-game/safeguarding/Club\\_Safeguarding\\_Resource](http://www.englandnetball.co.uk/make-the-game/safeguarding/Club_Safeguarding_Resource)

### Reporting a concern

#### Useful Contacts:

- 📞 England Netball Lead Child Protection Officer: 07595 863991
- ✉ Email: [besafe@englandnetball.co.uk](mailto:besafe@englandnetball.co.uk)
- 📞 NSPCC Helpline: 0808 800 5000
- 📞 Emergency Services: 999
- 📄 Complete a Safeguarding Referral Form: (Template 8)  
[http://www.englandnetball.co.uk/Libraries/Inline\\_Documents/template8.sflb.ashx](http://www.englandnetball.co.uk/Libraries/Inline_Documents/template8.sflb.ashx)
- 👤 Local Authority Designated Officer:

cut-out-and-keep and complete your LADO no

### Safeguarding is Everyone's Responsibility

Please remember that you will not need to investigate a concern, **but it is your duty to always report any child protection concern.** If you cannot get hold of someone at England Netball, please contact the police or your Local Authority Designated Officer immediately.

**Reports of Safeguarding concerns are confidential.**

Failing to report a concern may endanger a child emotionally, physically or psychologically.

Thank you for your ongoing commitment to safeguarding our young netballers, which helps them to have fun and enjoy the game

This is the new-look Be Safe Card

**NETBALL fun**  
You should feel safe and enjoy your sport. You should not feel unhappy. If someone is bullying or abusing you - ACT NOW. It's not your fault. Don't wait for it to happen again.

**NSPCC HELPLINE**  
0808 800 5000  
[help@nspcc.org.uk](mailto:help@nspcc.org.uk)

**CALL MARY**  
07595 863 9

**ChildLine**  
0800 1111

**Be Safe**  
[besafe@englandnetball.co.uk](mailto:besafe@englandnetball.co.uk)  
[www.englandnetball.co.uk](http://www.englandnetball.co.uk)